
LOS CABOS—MCI

Bean & Reduced Fat Cheddar Cheese Burrito ***Individually Wrapped***

97571CP/CM
P450

INGREDIENTS:

Filling: Water, Pinto Beans, Reduced Fat Cheddar Cheese (Pasteurized Milk, Salt, Cheese Culture, Enzymes, May Contain Annatto Color), Textured Vegetable Protein Product (Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B1), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12), Flavorings, Salt, Modified Food Starch (Refined from Corn)

Flour Tortilla: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil, Salt, Guar Gum, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), L-Cysteine.

NUTRITIONAL ANALYSIS PER SERVING (Cooked) Serving Size: 5.75 oz One Serving per Package

Calories	339
Protein	15.655 gm
Carbohydrates	53.382 gm
Total Fat	6.682 gm
Saturated Fat.....	2.765 gm
Trans Fat	0 gm
Cholesterol	16.330 mg
Fiber	6.131 gm
Vitamin A	297.947 IU
Sodium	585.849 mg
Vitamin C.....	1.846 mg
Iron	4.06 mg
Calcium	150.46 mg
% Calories from Fat....	17.73%

SIZE	5.75 oz
SERVINGS/CS	96/case
NET WEIGHT	34.5 lbs

Each Cooked 5.75 oz Portion Will Provide
2.0 oz. Meat/Meat Alternate and 2.5 Bread
Servings.

Heating Instructions

Convection Oven - Preheat to 300 degrees F.
Frozen - heat for 25 minutes. Thawed - heat for
18 minutes.
Conventional Oven - preheat to 300 degrees F.
Frozen - heat for 25-30 minutes. Thawed - heat
for 15-20 minutes.
Microwave – frozen - heat for 2 minutes.
Thawed - heat for 1 minute.